const SHEET\_NAME = '//Sheet Name';

function doPost(e) {

  const sheet = SpreadsheetApp.openById('//ID of googlesheets').getSheetByName(SHEET\_NAME);

  try {

    const params = e.parameter; // Accept form-urlencoded

    if (params.action === 'saveTrackingData') {

      let route = [];

      try {

        route = params.routePolyline ? JSON.parse(params.routePolyline) : [];

      } catch (e) {

        route = [];

      }

      sheet.appendRow([

        params.id || '',

        new Date(),

        params.fullName || 'N/A',

        params.contactNumber || 'N/A',

        params.startTime || '',

        params.endTime || '',

        params.startLat || '',

        params.startLng || '',

        params.endLat || '',

        params.endLng || '',

        params.distance || '',

        params.avgSpeed || '',

        params.durationSeconds || '',

        JSON.stringify(route) || '',

      ]);

      return ContentService.createTextOutput(

        JSON.stringify({ status: 'success', message: 'Data saved' })

      ).setMimeType(ContentService.MimeType.JSON);

    } else {

      return ContentService.createTextOutput(

        JSON.stringify({ status: 'error', message: 'Invalid action' })

      ).setMimeType(ContentService.MimeType.JSON);

    }

  } catch (error) {

    return ContentService.createTextOutput(

      JSON.stringify({ status: 'error', message: error.toString() })

    ).setMimeType(ContentService.MimeType.JSON);

  }

}

**Copy Complete code in script of Google sheets**

****

* The google sheets heading should be as same as it is.
* The google sheet will appear in the drive from which email should be signed in.